



# Annunciation Catholic Church

*Be it done to me according to your Word*  
+Luke 1:38+

## Mass Schedule

Saturday.....(Vigil) 5:30pm  
Sunday.....8am, 10am, 12pm

Monday – Friday.....8:00am  
Wednesday.....5:30pm  
Saturday.....9:00am

## Confessions

Wednesdays.....6:00-6:45pm  
Saturdays.....4:15-5:15pm

## Devotions

Eucharistic Adoration  
Every Wednesday 6-7pm

Rosary  
After the 8am daily Mass

Miraculous Medal Novena  
After the 9am Saturday Mass

## April 14, 2024 Third Sunday of Easter

Worship 1083  
Entrance Hymn – Worship 527  
Responsorial Psalm  
*"Lord, let your face shine on us, your face shine on us."*  
Offertory Hymn – Worship 513  
Communion Hymn – Worship 514  
Closing Hymn – Worship 600

## Parish Announcements

Our second collections is for our church utilities. Your generosity is appreciated.

Tickets are on sale for International Night. See inside the bulletin for details.

Our next Roth Concert will be on Sunday, April 21st at 5:00pm. All are welcomed.

**Welcome to Annunciation!**

## Our Mission

Through the power of the Holy Spirit, Annunciation Catholic Church exists to further God's reign in all its members and our local community.

Through worship, education and prayer, we come together to minister to all God's people in healing and reconciling love.

## Our Parish

### Hours

Monday-Friday  
9am-4pm

**Rev. Msgr. James D. Watkins**  
*Administrator*

**Rev. Adam Park**  
*In Residence*

**Deacon William Maksymiec**  
*Permanent Deacon*

**Andreja Mezek**  
*Director of Faith Formation*  
mezek@annunciationdc.org

**Frank Conlon**  
*Director of Music*  
frankconlon@comcast.net

### Contact

(202) 362-3323  
parish@annunciationdc.org

**Rev. James Oberle**  
*Assisting*

**Rev. Francis Afu**  
*In Residence*

**Stephanie Lucas**  
*Administrative Assistant*  
parish@annunciationdc.org

**Tina Lindberg**  
*Coordinator of Parish Outreach  
& Social Concerns*  
lindberg@annunciationdc.org

**David Slusarczyk**  
*Facilities Manager*



**Nicole Peltier-Lewis**  
*Principal*

**Richard Kightlinger**  
*Assistant Principal*

**Coretta Streat**  
*Assistant Principal*

**Sheikel Boggs**  
*Admissions Director*

**Kay Langenbacher**  
*Office Manager*

**Contact**  
(202) 362-1405  
<https://annunciationschool.net>  
[info@annunciationschool.net](mailto:info@annunciationschool.net)

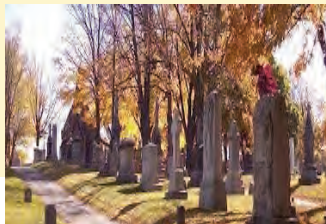
## Sacramental Celebrations



Baptism joyfully celebrates the entrance of members into our Catholic Church. Baptisms are celebrated on Saturday mornings, following preparation of the parents. Baptisms for adults take place through the RCIA process. For more information contact Andreja Mezek.



Couples should contact the parish office as soon as they are able, at least six months in advance of the desired wedding date to make arrangements for marriage preparation. Any inquiries should be sent to the parish office.



Our parish continues Christ's ministry of healing to those who suffer physical or emotional ills with the Sacrament of the Anointing of the Sick. Please call the parish office if you would like to receive this sacrament.

Our parish also wants to assist with the passing of a loved one. In death life is changed, not ended, because of our faith in the Resurrection. Please contact the office so that our staff can help you with the funeral arrangements.

## Liturgical Worship

***"The liturgy is the summit toward which the activity of the Church is directed; at the same time it is the font from which all her power flows." (Sacrosanctum Concilium)***

Active participation in our worship of God fosters growth in faith, hope and charity for all the faithful, but particular ministries help in that participation. If you would like to be a lector (a reader of Sacred Scripture), an acolyte (a minister who assists the priest at the altar), or an extraordinary minister of Holy Communion (a minister who helps distribute the Eucharist), please contact Tina Lindberg.

"Let the word of Christ dwell in you richly, singing psalms, hymns, and spiritual songs with gratitude in your hearts to God" (Col 3:16). If you would like to be a part of our music ministry, please contact Frank Conlon: frankconlon@comcast.net

## SYMPOSIUM IN HONOR OF FATHER JOHN CROSSIN, OSFS

The Washington Theological Consortium will hold a free symposium on Thursday, April 18 from 6:30pm – 9pm at the Ukrainian Catholic National Shrine of the Holy Family, 4250 Harewood Rd., N.E., Washington, D.C. to honor the legacy of the renowned Catholic ecumenist, the late Fr. John Crossin, OSFS. A distinguished panel of theologians will discuss insights from his final book, "Moving Into the Ecumenical Future," published months before his death on May 12, 2023.

In addition to being Executive Director of the Consortium from 1998-2011, Fr. Crossin was a teacher, theologian, author, and scholar. He served as Executive Director of the Secretariat for Ecumenical and Interreligious Affairs at the U.S. Conference of Catholic Bishops in Washington, D.C. and, in 2014, was named by Pope Francis as a consultant to the Vatican's Dicastery for Promoting Christian Unity. RSVP ([washtheocon.org](http://washtheocon.org)) to join us for the prayer service, panel discussion and reception.

## FREEDOM SEDER AT WASHINGTON HEBREW CONGREGATION

You are invited to join members and clergy of Washington Hebrew Congregation to share a special Freedom Passover Seder in the spirit of unity. This celebration of freedom and friendship will take place on Wednesday, April 24th at 6:00 PM at Washington Hebrew Congregation.

The Freedom Seder features the traditional foods of the Passover Festival observance, as well as prayers, songs, and readings from a variety of religious traditions. Readings emphasize the universal struggle for freedom and human dignity and will focus once more on those ongoing struggles that continue to plague our world. This will be an opportunity to share in the common themes of faith, the hope of freedom, and the joy of deliverance as we build relationships that will enable us to deepen and strengthen our partnership.

Please rsvp by Wednesday, April 17th, by contacting the parish office. You will not be able to get into the Seder if you are not on the list provided to Washington Hebrew.

| Mass Intentions  | What's Happening This Week?  |                   |     |      |              |        |      |              |     |     |                     |        |     |                |      |     |                     |     |        |                   |       |     |                              |     |     |                |      |     |                |       |        |                           |     |   |
|--|------------------------------|-------------------|-----|------|--------------|--------|------|--------------|-----|-----|---------------------|--------|-----|----------------|------|-----|---------------------|-----|--------|-------------------|-------|-----|------------------------------|-----|-----|----------------|------|-----|----------------|-------|--------|---------------------------|-----|---|
| <p><b>Sunday, April 14</b></p> <table border="1"> <tr> <td>8am</td> <td>†Anthony Bow Jung</td> <td>Afu</td> </tr> <tr> <td>10am</td> <td>†James Power</td> <td>Oberle</td> </tr> <tr> <td>12pm</td> <td>Parishioners</td> <td>Afu</td> </tr> </table> <p><b>Monday, April 15</b></p> <table border="1"> <tr> <td>8am</td> <td>†Bernardo Velasquez</td> <td>Oberle</td> </tr> </table> <p><b>Tuesday, April 16</b></p> <table border="1"> <tr> <td>8am</td> <td>†Marjorie Reas</td> <td>Park</td> </tr> </table> <p><b>Wednesday, April 17</b></p> <table border="1"> <tr> <td>8am</td> <td>†Souls in Purgatory</td> <td>Afu</td> </tr> <tr> <td>5:30pm</td> <td>Special Intention</td> <td>Swink</td> </tr> </table> <p><b>Thursday, April 18</b></p> <table border="1"> <tr> <td>8am</td> <td>†Reverend John Crossin, OSFS</td> <td>Afu</td> </tr> </table> <p><b>Friday, April 19</b></p> <table border="1"> <tr> <td>8am</td> <td>Rev. John Begg</td> <td>Park</td> </tr> </table> <p><b>Saturday, April 20</b></p> <table border="1"> <tr> <td>9am</td> <td>†Terry Rothman</td> <td>Swink</td> </tr> <tr> <td>5:30pm</td> <td>†Aleyda Roldan de Micolta</td> <td>Afu</td> </tr> </table> | 8am                          | †Anthony Bow Jung | Afu | 10am | †James Power | Oberle | 12pm | Parishioners | Afu | 8am | †Bernardo Velasquez | Oberle | 8am | †Marjorie Reas | Park | 8am | †Souls in Purgatory | Afu | 5:30pm | Special Intention | Swink | 8am | †Reverend John Crossin, OSFS | Afu | 8am | Rev. John Begg | Park | 9am | †Terry Rothman | Swink | 5:30pm | †Aleyda Roldan de Micolta | Afu | <p><b>Sunday, April 14</b></p> <hr/> <p>CLOW, 10:00am (Atrium)</p> <p><b>Wednesday, April 17</b></p> <hr/> <p>Mass, 5:30pm (Church)<br/>           Adoration &amp; Confession, 6:00pm (Church)<br/>           Religious Education, 7:00pm (School &amp; CR)</p> <p><b>Thursday, April 18</b></p> <hr/> <p>Contemplative Prayer, 6:25pm (Zoom)<br/>           Choir Rehearsal, 7:30pm (Church)</p> <p><b>Saturday, April 20</b></p> <hr/> <p>Confessions, 4:15pm (Church)<br/>           Mass, 5:30pm (Church)<br/>           International Night, 6:30pm (PC)</p> |
| 8am  | †Anthony Bow Jung            | Afu               |     |      |              |        |      |              |     |     |                     |        |     |                |      |     |                     |     |        |                   |       |     |                              |     |     |                |      |     |                |       |        |                           |     |   |
| 10am   | †James Power                 | Oberle            |     |      |              |        |      |              |     |     |                     |        |     |                |      |     |                     |     |        |                   |       |     |                              |     |     |                |      |     |                |       |        |                           |     |   |
| 12pm   | Parishioners                 | Afu               |     |      |              |        |      |              |     |     |                     |        |     |                |      |     |                     |     |        |                   |       |     |                              |     |     |                |      |     |                |       |        |                           |     |   |
| 8am  | †Bernardo Velasquez          | Oberle            |     |      |              |        |      |              |     |     |                     |        |     |                |      |     |                     |     |        |                   |       |     |                              |     |     |                |      |     |                |       |        |                           |     |   |
| 8am  | †Marjorie Reas               | Park              |     |      |              |        |      |              |     |     |                     |        |     |                |      |     |                     |     |        |                   |       |     |                              |     |     |                |      |     |                |       |        |                           |     |   |
| 8am  | †Souls in Purgatory          | Afu               |     |      |              |        |      |              |     |     |                     |        |     |                |      |     |                     |     |        |                   |       |     |                              |     |     |                |      |     |                |       |        |                           |     |   |
| 5:30pm   | Special Intention            | Swink             |     |      |              |        |      |              |     |     |                     |        |     |                |      |     |                     |     |        |                   |       |     |                              |     |     |                |      |     |                |       |        |                           |     |   |
| 8am  | †Reverend John Crossin, OSFS | Afu               |     |      |              |        |      |              |     |     |                     |        |     |                |      |     |                     |     |        |                   |       |     |                              |     |     |                |      |     |                |       |        |                           |     |   |
| 8am  | Rev. John Begg               | Park              |     |      |              |        |      |              |     |     |                     |        |     |                |      |     |                     |     |        |                   |       |     |                              |     |     |                |      |     |                |       |        |                           |     |   |
| 9am  | †Terry Rothman               | Swink             |     |      |              |        |      |              |     |     |                     |        |     |                |      |     |                     |     |        |                   |       |     |                              |     |     |                |      |     |                |       |        |                           |     |   |
| 5:30pm   | †Aleyda Roldan de Micolta    | Afu               |     |      |              |        |      |              |     |     |                     |        |     |                |      |     |                     |     |        |                   |       |     |                              |     |     |                |      |     |                |       |        |                           |     |   |

# RELIGIOUS EDUCATION

## Becoming Catholic

If you are interested in becoming a Catholic, join RCIA.

The Rite of Christian Initiation of Adults (RCIA) is a gradual process of spiritual formation that includes prayer, sharing, and study and occurs in the context of the parish community. It is intended for adults who:

- are not baptized and would like to be fully initiated and welcomed into the Catholic Church through the sacraments of Baptism, Confirmation, and Eucharist
- were baptized in another Christian community/tradition and seek to be received into the full communion of the Catholic Church through the sacraments of Confirmation and Eucharist
- were baptized as Catholics as infants/children but have not received the sacraments of Confirmation and Eucharist

RCIA Meetings take place on Mondays from 7-8:30pm.

## Children's CCD

The Children's Faith Formation program exists to communicate the Good News of Jesus Christ in the context of the beliefs and practices of the Roman Catholic Church. It provides sacramental preparation for First Reconciliation, First Eucharist, and Confirmation as well as ongoing faith formation for children in First through Eighth Grades.

For any questions please contact Andreja Mezek at [mezek@annunciationdc.org](mailto:mezek@annunciationdc.org).

# SOCIAL CONCERNS OUTREACH

**Summer Bazaar 2024**—We are now collecting donations for 2024! Jewelry, Attic Treasures, Art, Home & Kitchen Goods, Handbags & Scarves, Seasonal/Christmas, Office, Gadgetry, Toys & Sporting Goods. *Please—no DVDs, CDs, Clothing, or Books!*

**Food Drive**—Although the Lenten Food Drive was a big success, there was a shortage of peanut butter and Jelly. We're going to have a "PB&J Sunday" on April 28th. Please bring a jar of peanut butter and/or jelly to Mass with you that weekend. Let's fill the large grey bin in the parish hallway! Thanks in advance.

**St. Paul Clinic in Honduras**—On June 13, the clinic will participate in the first ever health fair for people with adult autism. They would like to provide take-home bags for 70 participants and their families. See the flyer for more info.

**Homebound or Hospitalized Parishioners**—Please notify us if parishioners are hospitalized or homebound so we may provide the sacraments - especially Holy Communion.

For more information on these programs, contact Tina Lindberg at [lindberg@annunciationdc.org](mailto:lindberg@annunciationdc.org).

# FAITHFUL STEWARDSHIP

God loves a cheerful giver! (2 Cor 9:7)



## POOR BOX

Donations for the month of April will benefit Christ House which provides comprehensive and compassionate health care to sick, homeless men and women in the District of Columbia.

Donate with Venmo



or sign-up with Faith Direct



## PARISH LIFE

**"Go, therefore,  
and make disciples  
of all nations."**



### *Pray the Rosary*

*Pray in English Monday through Friday  
after the 8am Mass,  
in Spanish after the 10am Mass on Sunday  
Meet in the church*

### Now Collecting Treasures for Our Summer Bazaar!

Donate: Jewelry, Attic Treasures,  
Art, Home & Kitchen Goods,  
Handbags & Scarves, Seasonal/Christmas,  
Office, Gadgets, Toys & Sporting Goods  
*Please—no DVDs, CDs, clothing or books!*

Contact Tina Lindberg  
lindberg@annunelationdc.org  
or 202-362-3323 x15 to schedule a drop-off



### ANNUNCIATION

## MEN'S GROUP

faith + fraternity + fiat

Through faith formation and fraternal discussions, the men of the parish strive to imitate Mary and Joseph's Fiat to God—Be it done to me according to Your Word!

Tuesdays from 7-8:15pm in the Parish Atrium

Contact Daniel Danello for more info:

dfdanello@gmail.com



### Pray the Rosary for Peace in Ukraine

Every Thursday  
at 12pm—Rain or Shine  
in front of the  
Russian Embassy  
2650 Wisconsin Ave NW



### walking with purpose

SO MUCH MORE THAN A BIBLE STUDY

Meetings take place on Tuesdays from 7-8:30pm and  
Wednesdays from 9-10:30am in the Parish Center.

Contact Sue Lohsen at [sue@lohse.com](mailto:sue@lohse.com) for more info.



### Coffee Hour is Back!



Thanks to volunteers, there are now donuts and coffee after the 8am and 10am Masses every week, but after the 12pm Mass only on the second Sunday of the month. With more volunteers, we can have donuts and coffee after that Mass, too. If you would like to volunteer to help with setup, cleanup, or to tend the coffee and donuts between Masses, please contact Anita Siegfriedt at [asiegfriedt@gmail.com](mailto:asiegfriedt@gmail.com).

### Annunciation Contemplative Prayer Thursday Evenings @ 6:25pm

We begin with Lectio Divina, a traditional way of cultivating a relationship with Christ, then move into 30 minutes of silent Contemplative Prayer. This method of prayer is both a relationship with God and a discipline to deepen that relationship.

Contact Martha Johnston for Zoom Coordinates and any questions you may have—  
[martha@marthajohnston.com](mailto:martha@marthajohnston.com).

# < KID'S > KORNER

## Gospel Today Third Sunday of Easter | Luke 24: 35-48

Jesus appears to the disciples and says, "peace be with you". When they doubt it is really Jesus, He reminds them of what was written in scripture.

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### BIBLE WORD SEARCH

Find all the words... left, right, up, down or diagonally.

- Jesus
- Appears
- Disciples
- Peace
- With
- You
- Doubt
- Troubled
- Hands
- Feet
- Touch
- Amazement
- Fulfillment
- Reminds
- Written
- Scriptures



### "PEACE BE WITH YOU."

|   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|
| H | A | N | D | S | D | N | I | M | E | R |
| T | D | I | S | C | I | P | L | E | S | Y |
| O | Y | U | T | R | O | U | B | L | E | D |
| F | U | L | F | I | L | L | M | E | N | T |
| E | E | J | E | P | A | P | W | A | H | O |
| Y | N | E | L | T | I | E | R | T | E | U |
| T | O | S | T | U | S | N | I | E | C | C |
| D | C | U | E | R | G | W | T | K | A | H |
| O | S | S | V | E | K | H | T | C | E | P |
| U | I | J | E | S | R | A | E | P | P | A |
| B | D | E | D | O | E | S | N | L | O | A |
| T | N | E | M | E | Z | A | M | A | Y | S |

### SWEET as HONEY



We say "peace be with you" every Sunday at mass, just like Jesus said to His disciples! Did Jesus shake hands with them too?

People can return this greeting in many ways - with a hug, a kiss, a handshake, a bow, a head nod or just repeat it back - peace to you and also with you. How it is given will vary, but its meaning is the same.

*Chompsey*

**Annunciation Catholic Church**  
**INTERNATIONAL NIGHT**  
**APRIL 20, 2024 - 6:30PM**  
**POTLUCK DINNER**



SCAN ME

Sign up by emailing  
[Sue@Lohsen.com](mailto:Sue@Lohsen.com)  
or in person in the  
Narthex and/or  
Parish Hall before  
and after Mass.

**TICKETS ON  
SALE NOW**

\$10 per person with dish  
\$20 per person without dish

14 and younger are free



**Bring a dish to serve 12**

To Volunteer or ask questions  
email [sue@lohsen.com](mailto:sue@lohsen.com)

**The Annunciation Catholic Church  
Catherine and Mary Roth Concert Series**



*presents*

**Partners for the Arts, Inc.**   
**11<sup>th</sup> National Opera Competition Finals**

*in loving memory of Vicky Tresansky*

**Susanne Burgess, Soprano - Rolfe Dauz, Baritone - Evan Lazdowski,  
Bass-Baritone - Sarah LeMesh, Soprano - Daniel O'Hearn, Tenor –  
Maggie Reneé, Mezzo-Soprano - Erin Ridge, Soprano –  
Esther Tonea, Soprano - Ethan Vincent, Baritone.**

*Each singer will sing two arias, one chosen by the judges from the singers' list of four.*

**Awards: 1<sup>st</sup> Prize \$10,000, 2<sup>nd</sup> \$5,000, 3<sup>rd</sup> \$2,500, Judges Special Award \$1,000;  
Audience Prize Award \$1,000; All finalists \$500**

**Christopher Cano, Elizabeth Futral, and Timothy Nelson – Judges  
Pianist: Frank Conlon**

**Sunday, April 21, 2024  
5:00 P.M.**

**Annunciation Catholic Church  
3810 Massachusetts Avenue, N.W., Washington, D.C. 20016**

No admission charge – Free-will offerings will be received.

*A reception will follow the concert.*

For further information, please call 202-441-7678.



Annunciation Catholic School

**Come On In**  
*ACS Presents*

*Full Bloom: Artistic Revival*

ART BY BILLYE SCHLEY

ARTIST RECEPTION



APRIL 26, 2024

FROM 5:30-8:30 PM

PARISH CENTER OF

ANNUNCIATION CATHOLIC CHURCH

3810 MASSACHUSETTS AVENUE NW

*Exhibition April 23 - April 30*

*Learn more about our Honoree,  
"Needle Point Extraordinaire"  
using the following QR Code*





# PLAYDATE AT ACS

SUNDAY  
APRIL 14TH  
2 PM

Prepare for a day of meeting new friends, spending time with Mrs. Gardner and Ms. Antonieta, and taking part in a variety of enjoyable activities. Here's what to anticipate:

- ✓ Meeting Pre-K students & families
- ✓ Learn about our class
- ✓ Enjoy a sweet treat & play some fun activities



 202-362-1408

 [info@annunciationschool.net](mailto:info@annunciationschool.net)

# Enroll Your Scholar Today for the 2024-2025 School Year



## Our School Offers:

An Innovative Learning Environment

Small Class Sizes

Town Hall Meetings Daily & Mass Weekly

Foreign Language-Spanish Offered for PreK-8th & Latin Offered for Grades 5th-8th

High School Prep Program with 100% Acceptance to Catholic, Independent, & Magnet Schools

Academic Support Available Through Our Learning Center

An International Baccalaureate Primary Years Programme Candidate School

A Rich Culture of Arts, Athletics and Activities



## Join Us for Our In-Person Open House

on

## Sunday, April 14th at 2PM

Please use the QR Code to register



3810 Massachusetts Ave. NW

Washington DC 20016

202-362-1408

[www.annunciationschool.net/admissions](http://www.annunciationschool.net/admissions)



# PB&J Sunday!



## April 28th

Please bring a plastic jar of peanut butter and/or jelly with you to Mass on the weekend of April 27th and 28th.

Let's fill the grey bin in the parish hallway!

Thanks for your help!



Clinica St. Paul - Bngadas 2023

## Help provide services to Adults with Autism

On June 13 our clinic is going to participate in the first ever health fair for people with adult autism, and we have been asked to provide take home bags for 70 adults along with their families. Below is the list of items for their take home bags and I am asking if your parishes can help collect some of these Items. I plan to ship these items the 1st week in May so it will be there for June 13. I also plan to go to Honduras to witness this event, bringing care to the country to a group of forgotten adults. These adults are between ages 18 to 59.

Items requested:

- Small sensory, stress relief, or stem toys
- Melatonin 10mg
- Travel size shaving cream, shampoo, conditioner, lotion
- Razor
- Soap
- Chapstick
- Band-Aids
- Pepto Bismol
- Tylenol
- Ibuprofen
- Tooth brush and tooth paste

Happy Easter and Thank you!

*Sherrie Wade*

Coordinator for the St. Paul Clinic in Honduras

Saint Paul Catholic Church

9240 Damascus Road

Damascus, MD 20872

<https://www.stpaulsclinichonduras.org/>

**Items may be dropped off in the “St. Paul Honduras Clinic” bin located in the parish hallway by May 1st.**

## PRAYER LINE | SETON SHRINE

Are you in need of prayer? Are you lonely or overwhelmed? The National Shrine of St. Elizabeth Ann Seton has a prayer line available with staff who will speak with and pray with you. Your prayer intentions can be placed on the tomb of Mother Seton. Call us toll free at 1-866-202-4934, Monday - Friday, 10am - 5 pm. We are here for you.



## A WAY TO HELP YOURSELF AND YOUR CHURCH

Having to take a distribution from your IRA this year? The IRA charitable distribution permits individuals who are 70 1/2 to gift up to \$100,000 from their IRA to charity free from federal income tax. If you are 72+ years old, then an IRA distribution may qualify for your required minimum distribution, permitting you to lower your income and taxes for this year while helping Annunciation Church or School. For more information or to make a contribution, please contact our business manager/accountant Patty Lovett at 202-331-9880 (office).

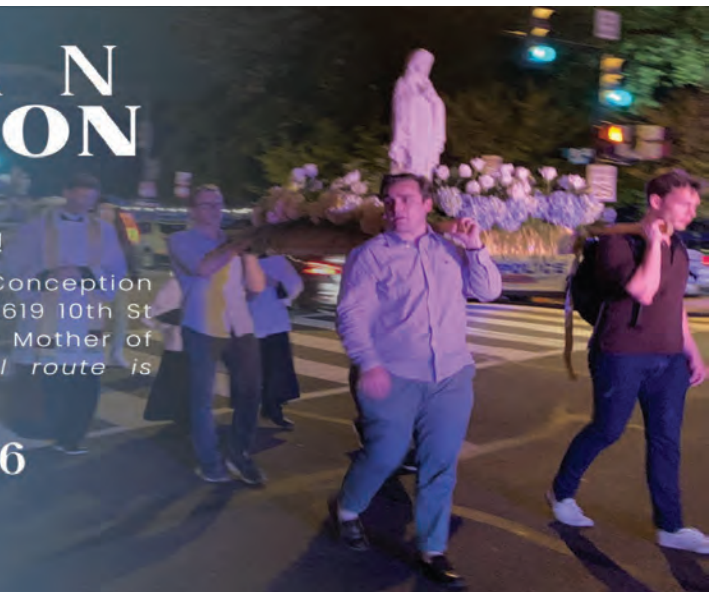
# M A R I A N PROCESSION

Join us in honoring the  
Most Blessed Virgin Mary!

Processing from Immaculate Conception  
(1315 8th St NW), to St. Patrick's (619 10th St  
NW), and concluding at St. Mary Mother of  
God (727 5th St NW). *The full route is  
approximately 1.5 miles.*

**FRIDAY, APRIL 26**  
**Begins at 6:30PM**

📧 Erin at erindonnio@gmail.com



## *The Guadalupe Radio Network Presents* *2024 Annual* *"Fishers of Men" Benefit Dinner*

*\*Men & Women are welcome to attend*

**The Catholic University of America**  
Heritage Hall in Father O'Connell Hall  
620 Michigan Ave. NE, Washington, DC 20064  
Saturday, April 27, 7-9PM  
Doors Open 6PM  
Registration Deadline: April 17th

**Keynote Speaker:**  
**Debbie Georgianni**  
Radio Host | EWTN & GRN



**2024 Honoree:**  
**Little Sisters of the Poor**

Optional Vigil Mass: 4:30PM  
BASILICA *of the* NATIONAL SHRINE  
*of the* IMMACULATE CONCEPTION  
Celebrant: Archbishop William E. Lori



Scan QR Code  
for more information

# Journey to Hope – DC

Sibley Senior Association Invites You to the 9th Annual Journey to Hope — DC  
A Conference for Alzheimer's Family Care Partners

SATURDAY, MAY 4, 11 A.M. TO 5:30 P.M.

555 Pennsylvania Avenue, NW, Washington, DC

Are you caring for a family member or friend who has Alzheimer's disease or related dementia? Feeling uneasy, under-informed or overwhelmed? Let us help! Join us in person to learn tips to create better days for you and your loved one. Meet other care partners to learn and share new ways of coping and caring for yourself and your loved one. Light refreshments will be served.



**Understanding Alzheimer's Disease and Related Dementias**  
**Marti Bailey, B.S., C.S.A., C.D.P., C.A.D.D.C.T.**

Interim Director of Community Affairs  
Director of the Sibley Senior Association (SSA) and Community Health at Sibley Memorial Hospital

Register at [smh.memberclicks.net/2024JourneyToHopeDCSSA](https://smh.memberclicks.net/2024JourneyToHopeDCSSA), email [pnunez3@jhmi.edu](mailto:pnunez3@jhmi.edu) or call 202-364-7602 before May 1.



**Having a Good Day – What Does That Look Like?**  
**Karen Stobbe and Mondy Carter**

We will offer tips on communication, understanding behaviors and having purposeful things to do during the day. You will walk away with new tools to use every day.

**Improve with Improv**  
*(attendees will be invited to participate with improv prompts)*

Improvisation has guidelines to help you learn to be a better performer. They are parallel to how to be a good care partner: Guidelines such as: Yes And..., Go with the Flow and Listen Fully. Karen and Mondy will facilitate each guideline and show you how to apply it to your daily life.

Karen Stobbe changed careers from theater and improvisation to health care when her father was diagnosed with Alzheimer's. Since then, she has served as the director of education for Pioneer Network, written over 12 training programs and spoken all over North America.

Mondy Carter has worked as a commercial and stage actor for 30 years and now animates videos. He has produced over 200 training videos. Karen and Mondy were featured in Real Simple magazine, NPR's This American Life and performed a National TEDMED Talk.



**Learning to Care for Yourself While Caring for Someone Else**  
**Jane Van De Velde, D.N.P., R.N.**

You will learn simple tools and practices you can use when you are feeling depressed, sad, angry or anxious. These practices may help you to feel relaxed, calmer, more grounded and balanced. You will have the opportunity to both learn and practice these techniques during this session.

Jane Van De Velde, D.N.P., R.N., is a Reiki master practitioner and teacher with 20 years of experience. Her professional background is in community-based nursing with an emphasis in home care and hospice. Jane received her doctor of nursing practice from Rush University in Chicago.

**Door prizes will be awarded during the conference. You must be present to win.**

**The venue is two blocks from the Judiciary Square Metro stop (4th Street entrance) and the Archives-Navy Memorial-Penn Quarter Metro stop. Street parking is available.**



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